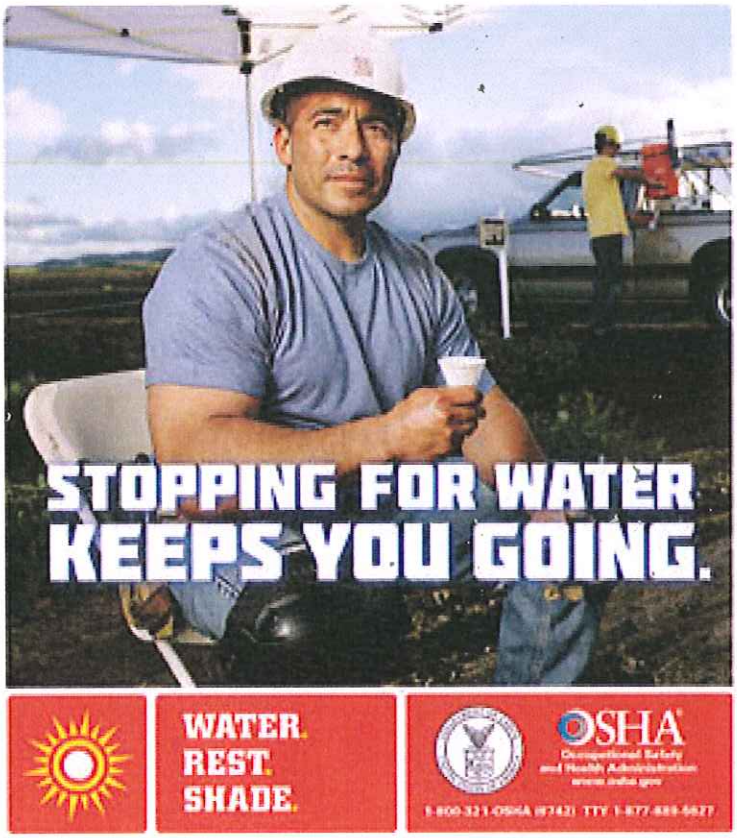
# ILA-USMX Joint Safety Committee

**OSH Circular 2015-06** (01 June 2015)

# Avoiding Heat Stress




**Summer is fast approaching, and in keeping with its tradition of raising the consciousness of workers, managers and supervisors the ILA~USMX Joint Safety Committee would like to provide this reminder, as we enter a season known for its high temperatures and humidity, that REST, WATER and SHADE are necessary in effectively dealing with heat stress hazards.**

**Additional information of a useful nature may be found at OSHA's heat stress webpage. Here's the link:**

**http://www.osha.gov/SLTC/heatillness/heat_index/heat_app.html**

## Working Together For The Benefit Of All

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