



## ILA-USMX JOINT SAFETY COMMITTEE

# The Novel Coronavirus

## Workers and Employers Want to Know

**Q. Workers and employers have asked the ILA~USMX Joint Safety Committee (JSC): “Has ILA~USMX adopted the recently revised U.S. Centers for Disease Control and Prevention (CDC) time frames for quarantine and isolation, with regard to persons coming in “close contact” with those testing positive and for those persons testing positive for COVID-19 but showing no symptoms?” [10 January 2022]**

**A:** As of this morning, our principals at ILA and USMX have advised the JSC that, after careful consideration, they have decided to adopt the revised CDC timeframes for Atlantic and Gulf coastwide implementation.

In sum, the revised time frames reduce quarantine and isolation periods to five (5) days (based on the presence/absence of symptoms) and require effective masking when reentering the work environment after those five (5) days have elapsed.

Just yesterday (09 January) CDC updated its “**Quarantine and Isolation**” webpage, which provides the entirety of the agency’s current set of recommendations. We provide a link to that webpage here:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>



### Quarantine

If you were exposed

You quarantine and stay away from others when you have been in close contact with someone who has COVID-19.



### Isolate

If you are sick or test positive

You isolate when you are sick or when you have been infected with the virus, even if you don't have symptoms.

## Working Together For The Benefit Of All

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